



Morgan Flook and Jono Wong go through their exuberant trick display.

Picture: ANNIKA ENDERBORG AJU09030

meeting my tricking needs and cost a lot of money," he said.

Eventually, he stumbled on an open adults class at Manly Warringah Gym where he could practise tricks in a safe environment. It was here that Morgan met Jono, formerly a competitive gymnast.

"I taught him a few of the basic moves," Morgan said. "Gradually, after that, it became a twice-a-week ritual to train tricks together and we've been doing that for the last four years or so. We're now the best of friends and have shared each other's

tricking journey from our baby steps to where we are now."

Morgan started teaching a tricks class in 2005 at Manly Warringah Gym with fewer than 10 students. At first, as a recreational gym class, he was encouraged to teach strict gymnastics skills, but the youngsters were interested in learning the tricks they had seen him perform and Morgan was keen to pass on his expertise.

"When the tricks class started, it wasn't looked kindly upon by the gym," he said. "They gave me a sit-down talk about how

all the moves they had seen me and Jono do weren't gymnastics and were very dangerous."

Ignoring their advice, Morgan persisted, the class grew and the gym has been supportive ever since.

Soon Morgan and Jono had more young people on their hands than they could handle, so they added two extra classes to accommodate 30 teenage students and another three classes of 10-12 year olds.

"I want to inspire people to get into tricks and get it a bit more popularised over

here so everyone else can experience it," Morgan said.

"Some of my goals in the past have been to be the first in Australia to land certain tricks and I have achieved that, so now my goal is just to make a name for myself.

"So when it comes time to step down off the tricking plate I would have left a lasting legacy."

The youngsters who come to the gyms three nights a week to learn tricks think he's well on the way.

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